



KANSAS CITY
SYMPHONY

DONOR SPOTLIGHT

Helen Nahrstedt



Music has been a part of my life since childhood. I began taking piano lessons when I was seven. I also enjoyed singing and was in choir. My musical interests include classical, popular, country, and more.

My family moved to Kansas City in 1963. I am now retired after working as a librarian. In my retirement, I started volunteering with the Kansas City Symphony, helping to check in guests at the Helzberg Hall Reception Suite.

After starting to volunteer, I realized that people needed to donate if the Symphony was going to continue as an important cultural part of Kansas City. I do give to various other worthy causes but also wanted to have a small stake in the Symphony, so I began giving.

The Kansas City Symphony does so much more than just playing at Kauffman Center for the Performing Arts. Bank of America Celebration at the Station is an excellent example of community involvement. There are many other ways the Symphony serves this community. Music truly is a gift, and it makes everyone's lives fuller!